

Troop 17
Kandersteg International Trip
July 3-13, 2010



kandersteg
international scout centre

Introduction

- July 3-13, 2010
- 30 Scouts
- 15 Adults
- Frankfurt
- Bern
- Kandersteg
- Interlaken
- Bernese Oberland

Itinerary – July 3, 2010 (Sa)

- Meet at DFW – 12:00 PM (TBD)
- Gear Check and Passport Check
- Transfer to Terminal D
- Depart DFW – 4:00 PM, AA2360
- Arrive ORD – 6:25 PM
- Depart ORD – 7:30 PM, AA84

Itinerary – July 4, 2010 (Su)

- Arrive FRA : 11:10 AM
- Motor coach to Bern
- Tour Bern
- Overnight in Hostel
 - In heart of Bern
 - 2 bunk bed private rooms (4 per room)
 - 2 rooms per shared bath

Itinerary – July 5, 2010 (M)

- Depart Bern
- Arrive Kandersteg
- Flag break & Welcome
- Int'l Patrol Competition
- International BBQ

Itinerary – July 6, 2010 (T)

- Troop day hike
- Patrols responsible for purchasing food items
- Patrols responsible for purchasing tram fare
- Lunch together at mountain lake
- Knock around in the afternoon

Itinerary – July 7, 2010 (W)

- Stockhorn (am)
 - Cable car to summit
 - Panoramic view of Bernese Oberland and Lake Thun
- Rafting River Simme (pm)
 - Whitewater
 - Class 2-3
- Travel by train

Itinerary – July 8, 2010 (Th)

- Trummelbach & Interlaken
 - Trummelbach Falls
 - Glacial waterfall through a mountain
 - Interlaken
 - Free time to tour
 - Sled Run
 - Viewing point at Heimwehfluh
 - Travel by train
 - International Campfire

Itinerary – July 9, 2010 (F)

- Depart for Overnight Hikes
 - Ueschinen
 - Age 11-13
 - Staff Guided
 - Depart 1400
 - Allmenalp cable car
 - Traverse Ueschinen Valley
 - Overnight in Ueschinen Hut (1 890m)
 - Return by a different route in time for lunch

Itinerary – July 9, 2010 (F)

- Depart for Overnight Hikes
 - Lochtenpass
 - Age 14-15
 - Staff Guided
 - Ascend Gastern Valley
 - Traverse Lochtenpass Glacier
 - Hike over pass used since Roman times
 - Overnight at Lochtenpass Hut (2 690m)
 - Gains 1 500m vertical over 18km

Itinerary – July 9, 2010 (F)

- Depart for Overnight Hikes
 - Wildstrubel
 - Age 16+
 - Professional guide
 - Cable car to Sunnbuel
 - Hike to Gemmipass
 - Overnight in Lammeren Hut
 - Prepare equipment for pre-dawn start to climb
 - Summit Wildstrubel (3 243m)
 - Return to hut for lunch
 - Return via Sunnbuel cable car

Itinerary – July 10, 2010 (Sa)

- Return from overnight hikes
- Recovery day

Itinerary – July 11, 2010 (Su)

- Free time
- Tour Kandersteg
- Light trail in evening

Itinerary – July 12, 2010 (M)

- Depart KISC
- Motor coach to Frankfurt
- Tour Frankfurt
- Overnight in hostel

Itinerary – July 13, 2010 (T)

- Depart FRA : 2:25 PM, AA83
- Arrive ORD : 4:50 PM
- Depart ORD : 6:15 PM, AA2347
- Arrive DFW : 8:50 PM
- Clear immigration
- Claim bags
- Clear customs

Modes of Transportation

- DFW to FRA – Aircraft
- FRA to Bern to KISC – Motor Coach
- Day hike – Cable car
- KISC to Stockhorn (RT) – Train
- KISC to Trummelbach/Interlaken – Train
- Overnight hikes – Cable car
- KISC to Frankfurt – Motor coach
- FRA to DFW – Aircraft

Accomodations

- Bern – Hostel
- KISC – Campground (tents)
- KISC Overnight Hikes – Huts
- Frankfurt – Hostel

Gear

Packing

- **Pack with padded hip belt.**
- **Day Pack.**
- **Plastic Ziploc bags.**
- **Large Duffel Bag.**

Sleeping

- **Tent.**
- **Sleeping bag in stuff sack.**
- **Sleeping pad.**
- **Sleeping bag liner.**

Gear

Clothing

- **Class A Uniform.**
- **Gaiters.**
- **Hiking Clothes**
 - Hiking Boots.
 - Heavy Socks, 3 pair.
 - Inner Socks.
 - Underwear, 3 pair.
 - Hiking shorts, 1 pair.
 - Short sleeve shirts, 2.
 - Hat or Cap.
- **Cool evening**
 - Long sleeve shirt.
 - Long Long pants
 - Long underwear top.
 - Long underwear bottom.
- **Cold**
 - Sweater or Jacket.
 - Stocking cap.
 - Gloves or mittens.
- **Cold, Wet, Windy**
 - Rain Suit.

Gear

Personal and Miscellaneous

- **Water Bottles, 3 liter total capacity.**
- **Small pocketknife..**
- **Headlamp.**
- **Bandanas/Neckerchiefs , 2.**
- **Sunglasses.**
- **Lip Balm & Sunscreen.**
- **Watch.**
- **Whistle.**

• Toiletries

- **Toothbrush and toothpaste.**
- **Small towel.**
- **Soap.**
- **Shampoo.**
- **Deodorant.**
- **Personal medications**

Gear

Personal and Miscellaneous

- **Notepad and pen.**
- **Compass.**
- **Camera.**
- **Passport.**
- **Copy of Passport.**
- **Travel wallet.**
- **Money for souvenirs,
gifts, and extras.**

Personal and Miscellaneous

- **Toiletries**
 - **Toothbrush and
toothpaste.**
 - **Small towel.**
 - **Soap.**
 - **Shampoo.**
 - **Deodorant.**
 - **Personal medications**

Gear

- Carry on
 - Day pack
 - Change of clothes
 - Toiletries (3-1-1)
 - Entertainment (iPod, book, etc)
- Travel in Class A

Gear

- Checked Baggage
 - Typical backpacking gear
 - All gear on gear list is mandatory
 - Backpack in large duffel bag
 - Write name, address on bag
- Good rain gear
- Extra neckerchiefs

Weather

- Expect highly variable mountain weather
- Expect a mix of sun and rain
- Temperature will decrease with higher elevation
- Rain gear is **ESSENTIAL**
- Layering is **ESSENTIAL**

Adults

- Must be registered Boy Scout Leaders
- Must complete Youth Protection Training

Health and Safety Details

- Passports
 - Scouts will be responsible for their own passport during the trips
 - 2 Adults will carry forms and copies of passports
- Medications
 - Must be in original containers
 - If listed on Physical Form, they must be brought on trip

Money Details

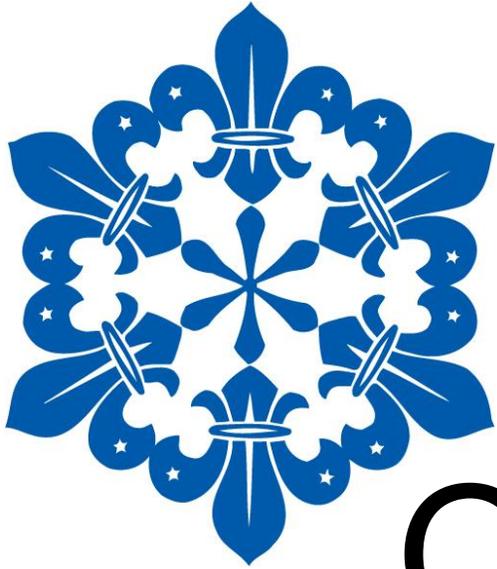
- Adults will carry money on a need based system
 - Cash for each meal will be carried by separate adults
 - Cash for lodging will be carried by separate adults
 - Kandersteg camp costs will be billed to troop at departure
- Scouts are responsible for their own souvenir money

Paperwork

- Passport
- Physical Exam
- Permission to Participate and Release
- Medical Authorization
- Copy of Insurance Card
- Copy of Inside Front Page of Passport

Other Details

- Cell phones are discouraged
 - International cell phone use is expensive
- Troop 17 may have a blog site for the trip
 - Daily updates
 - Daily photos
- MORE DETAILS TO COME



Questions?

